Technical and commercial annex

Product specifications and statuses, research context, Polish-market preparation, all 27 configurations and sources.

catalog.nordicapothecary.no/en/annex/ · 2026-09-22



Illustrative brand image.

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CURRENT NORDIC APOTHECARY PRODUCT

Krill oil

Oil from Antarctic krill (Euphausia superba) in softgel capsules. Krill oil contains omega-3 fatty acids and phospholipids. The exact amounts of individual components must be confirmed in the specification for the product offered.

Both omega-3 quantity and lipid form matter to the description of the oil. In krill oil, a proportion of EPA and DHA is associated with phospholipids, including phosphatidylcholine. The amount of each component depends on the selected ingredient and requires specification evidence.



Current Nordic Apothecary retail pack.



Illustrative brand image.

Ingredient profile

EPA and DHA	Long-chain omega-3 fatty acids present in krill oil. The specification states the amount of each separately.
Phospholipids	Part of the oil’s lipid fraction. Phosphatidylcholine is one phospholipid and contains choline.
Choline	Part of the phosphatidylcholine structure. Phospholipid mass is not the same as the amount of choline.
Astaxanthin	A carotenoid naturally present in krill oil. Its concentration is an ingredient-specification parameter.

Product facts

Category	Food supplement
Base ingredient	Antarctic krill oil (Euphausia superba)
Ingredient profile	EPA, DHA, phospholipids, choline, astaxanthin
Format	Soft capsules — details subject to the final specification

Composition and specification

Published information for the current krill oil. The figures come from the brand’s product page and pack; they are not a signed finished-product specification.

PARAMETER	PUBLISHED VALUE
Format	Softgel capsules
Recommended daily serving	1 capsule
Directions	Ideally with a meal
Capsules per pack	90 capsules
Daily servings per pack	90 Calculated from the pack count and the stated daily serving.

Source: the product page on nordicapothecary.no and the current pack, checked 21 September 2026.

Oil, EPA, DHA, phospholipids, choline and astaxanthin per capsule, the full ingredient list including the capsule shell, storage, shelf life and batch details are confirmed in the finished-product specification.

> ALLERGENS
>
> Crustaceans. The approved label gives the full capsule composition and any further allergen information.

QUALITY DOCUMENTATION

EPA and DHA, phospholipids and choline are not separate fractions whose masses can simply be added up. Values are given according to the analytical method and the way they are declared in the specification.

PRODUCT INFORMATION EXPLAINED

Krill oil: a complete composition profile.

A krill product is described by more than its oil quantity. The selected specification is the reference for its EPA, DHA, phospholipids, choline and astaxanthin information.

Oil per capsule	State the oil fill and distinguish it from the total capsule mass, which includes the shell. Daily use follows the approved label.
Individual components	EPA, DHA, phospholipids, choline and astaxanthin have their own declared values and units where provided. They are not derived from oil mass or research material.
Shell and allergens	The complete declaration includes the capsule shell and other ingredients. The crustacean source and the documented gelatin source are part of the product assessment and labelling.
Research and the selected product	Research describes the preparation, dose and participants studied. It does not by itself establish the composition, recommended serving or effect of the finished Nordic Apothecary product.

The product sheet and the scientific reference section have different roles, each based on its own sources.

CURRENT NORDIC APOTHECARY PRODUCT

Omega-3

Fish oil in softgel capsules. The published daily serving of two capsules provides at least 600 mg combined EPA and DHA.

The meaningful comparison is EPA and DHA per recommended daily serving, not oil weight alone. The specification for the product offered states each separately, identifies the oil form and lists every capsule ingredient.



Current Nordic Apothecary retail pack.



Illustrative brand image.

Ingredient profile

EPA	Eicosapentaenoic acid. Its quantity is declared separately from DHA.
DHA	Docosahexaenoic acid. A combined EPA and DHA figure does not establish the DHA content on its own.
Oil form	The lipid form and fatty-acid profile follow the specification of the selected oil.

Product facts

Category	Food supplement
Base ingredient	Fish oil
Components described here	EPA and DHA
Format	Soft capsules — details subject to the final specification

Composition and specification

Published information for the current Omega-3. The figures come from the brand’s product page and pack; they are not a signed finished-product specification.

PARAMETER	PUBLISHED VALUE
Format	Softgel capsules
Recommended daily serving	2 capsules
Directions	With food
EPA + DHA combined per daily serving	At least 600 mg
Capsules per pack	90 capsules
Daily servings per pack	45 Calculated from the pack count and the stated daily serving.

Source: the product page on nordicapothecary.no and the current pack, checked 21 September 2026.

Individual EPA and DHA amounts, oil per capsule, the full ingredient list including the capsule shell, storage, shelf life and batch details are confirmed in the finished-product specification.

> ALLERGENS
>
> Fish. Confirm the complete allergen declaration, including capsule-shell ingredients, against the approved label.

QUALITY DOCUMENTATION

Oil documentation identifies the analytical methods and results for composition, oxidation and contaminants, rather than a general “laboratory tested” statement.

PRODUCT INFORMATION EXPLAINED

Omega-3: read the oil profile.

The specification identifies the fish oil, its form and the separate amounts of EPA and DHA. The oil profile, capsule shell and selected packaging together define the product being ordered.

Oil form	TG and EE are different oil forms. The form stated in the approved specification for the product offered applies.
EPA, DHA and total omega-3	Declare EPA and DHA separately. Keep total oil, total omega-3 and EPA plus DHA distinct, and identify whether a value is per capsule, daily serving or gram of oil.
Other ingredients and shell	Some formulations include additional oils or vitamins. Gelatin source, other shell ingredients and allergens belong to the full product information.
Quality documentation	The agreed documentation covers the selected oil and finished product, including applicable analytical results and the basis for shelf life.

This section explains specification fields. It does not select a new formulation or change an approved product declaration.

What has krill-oil research examined?

Published studies have investigated fatty-acid profiles, circulating choline during exercise and muscle function. The examples below describe research scope. Findings must be interpreted in relation to the study population, oil preparation and dose.

> These studies concern particular krill-oil preparations, not the finished Nordic Apothecary product. Research doses are not recommendations for using our product.

Bibliographic references do not identify our supplier or mean that every study investigated the same ingredient.

R01

Choline during endurance exercise

47 triathletes · 5 weeks

INFORMATION SCOPE

Serum choline and its metabolites were assessed before racing, at the finish and the following day.

PARTICIPANTS

47 triathletes

DURATION

5 weeks

4 g/day

Study dose, not a product usage recommendation

PUBLICATION

Storsve et al. Frontiers in Nutrition. 2020;7:133.
Effects of Krill Oil and Race Distance on Serum Choline and Choline Metabolites in Triathletes: A Field Study
DOI: 10.3389/fnut.2020.00133

R02

Post-exercise immune markers

37 healthy adults · 6 weeks

INFORMATION SCOPE

Selected immune markers and exercise-test performance were investigated following krill-oil supplementation.

PARTICIPANTS

37 healthy adults

DURATION

6 weeks

2 g/day

Study dose, not a product usage recommendation

PUBLICATION

Da Boit et al. PLOS ONE. 2015;10(9):e0139174.
The Effect of Krill Oil Supplementation on Exercise Performance and Markers of Immune Function
DOI: 10.1371/journal.pone.0139174

R03

Omega-3 Index and choline profile

35 power-training athletes · 12 weeks

INFORMATION SCOPE

Omega-3 Index, circulating choline and selected post-training markers were assessed.

PARTICIPANTS

35 power-training athletes

DURATION

12 weeks

2.5 g/day

Study dose, not a product usage recommendation

PUBLICATION

Drobnic et al. Nutrients. 2021;13(12):4237.
Krill-Oil-Dependent Increases in HS-Omega-3 Index, Plasma Choline and Antioxidant Capacity in Well-Conditioned Power Training Athletes
DOI: 10.3390/nu13124237

R04

Muscle function in older adults

102 adults over 65; 94 completed · 6 months

INFORMATION SCOPE

Knee-extensor strength, grip strength and vastus lateralis muscle thickness were investigated.

PARTICIPANTS

102 adults over 65; 94 completed

DURATION

6 months

4 g/day

Study dose, not a product usage recommendation

PUBLICATION

Alkhedhairi et al. Clinical Nutrition. 2022;41(6):1228–1235.
The effect of krill oil supplementation on skeletal muscle function and size in older adults: A randomised controlled trial
DOI: 10.1016/j.clnu.2022.04.007

Product information a buyer can work with.

The product sheet makes a formulation comparable and an order unambiguous. For Omega-3 and krill oil, the amount of oil is kept separate from its individual components, with the basis of every declared quantity.

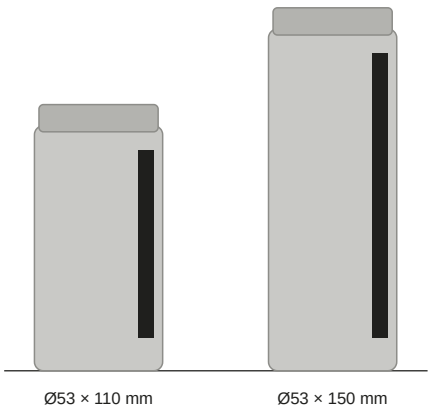
INFORMATION	WHAT THE SHEET SPECIFIES	WHY IT MATTERS
Product identity	Product name, formulation version, market and format.	Keeps the quotation, sample, label and delivered batch aligned.
Oil and fatty-acid profile	Oil quantity; EPA and DHA separately; oil form where documented.	The total oil quantity is not the same as the amount of EPA plus DHA.
Krill-specific composition	Phospholipids, choline and astaxanthin, with values taken from the selected specification.	Ingredient research and product data are kept distinct.
Complete ingredients	Oil or powder, other ingredients, capsule shell, excipients and allergens.	A plant-based shell alone does not establish that the complete product is vegan.
Serving and pack	Amount per capsule and per recommended daily serving, pack count and storage instructions.	Avoids confusing a single capsule with a multi-capsule serving.
Batch and validity	Specification version, batch reference, applicable reports and shelf-life basis.	Each document refers to the product and batch it describes.

For a product being prepared for launch, the final product sheet is completed once the formulation and packaging have been selected. A supplier quotation alone is not a finished-product specification.

A coherent pack. A product-specific solution.

The aluminium packaging language can remain consistent across the Nordic Apothecary range while the container, closure and label are specified for each product. Packaging is part of the product-development work, not an interchangeable finishing detail.

Container format	The packaging references include two cylindrical formats: Ø53 × 110 mm and Ø53 × 150 mm. The selected format and actual capsule count are confirmed through the product and filling specification.
Closure and material suitability	The closure, inner components and seal are selected together. Suitability for the contents and supporting packaging documentation are checked before approval.
Label and print preparation	Layout, label size and language follow the chosen container and formulation. The work includes artwork review, legibility and space for the batch number and durability date.
Transport packaging	The quotation defines the outer-carton configuration and delivery unit. Multipacks or other packing formats can be assessed without changing the product identity.



Drawn to scale. Dimensions are packaging references, not a promise of pack capacity or a final specification for every product.

ORDERS AND DELIVERY

A clear quotation. A shared delivery plan.

An order is based on an agreed product and delivery scope—not just a price per capsule. We set out what is included, which decisions are still open and which approvals start the production timetable.

TOPIC	AGREED BEFORE ORDERING
Scope	Formulation, capsules or tablets, container, closure, labels, testing and documentation included in the offer.
Quantity	The minimum order for the selected product and packaging, with forecast quantities distinguished from binding purchase orders.
Timing	Specification and artwork approval, material availability, manufacturing, testing, packing and transport.
Delivery	Named delivery point, responsibilities for transport and formalities, and receiving requirements for the actual route.
Continuity	Reorder planning, notification of specification changes and how documented delays affect the agreed launch milestones.

Minimum quantities, prices and lead times are confirmed for the project. They are not universal catalogue promises.

A supplement under your own brand.

Start with an idea. We will assess together what is feasible.

You do not need a finished formula. Tell us about the product you have in mind and the market you want to sell in. FortFrisk can help define the composition, product format, packaging and the work needed to prepare production.

Feasibility, costs and timing are confirmed once we have assessed the project brief.



Illustrative brand image.

A project with FortFrisk

FortFrisk is the production company where Nordic Apothecary products are made and packed. This page is about supplements under a customer’s own brand — a separate offer from distributing Nordic Apothecary products. Scope of work and terms are agreed before an order starts.

Where we can help

The scope is set for each project and can include:

Concept and formulation

Discussing the brief, selecting ingredients, and assessing an existing formula or the work needed to develop a new one.

Production planning

Choosing the manufacturing route, product format and batch size within what is technically feasible.

Packaging and label

Selecting the container and closure, designing the label and agreeing the packing work.

Documentation and delivery

Coordinating the product documents, the testing required and delivery preparation within the agreed scope.

FortFrisk manufactures and packs the products and works with regular partners for selected steps — such as ingredient supply, laboratory testing or extra capacity for larger orders. Locations and each party’s responsibilities are set for the specific project.

Products we can discuss

Starting points include omega-3 and krill oils, vitamins and minerals, products with Q10 or collagen, and selected botanical ingredients. We consider soft capsules, hard capsules or tablets — depending on the formula and what can be produced.

These are examples for discussion, not a list of ready-made products. Composition, format and eligibility for a given market each need their own assessment.

FROM FIRST CONVERSATION TO AN AGREED ORDER

01	02	03	04
Idea and brief	**Preliminary assessment**	**Offer and scope of work**	**Development and production preparation**
We discuss the product, market, target customers, indicative order size and planned timing.	We look at available solutions, technical limits and regulatory questions that need further checking.	Before any order starts, we agree scope, costs, timetable and rights to the formula and packaging design.	Further work follows what was agreed. Production requires a confirmed specification and that the applicable requirements are met.

Preparing for sale in Poland

We can support collecting the data for the Polish label and product documentation. The scope of regulatory review, the involvement of specialists and the entity that submits the GIS notification are agreed according to the actual cooperation model.

> A GIS notification is not product approval or a quality certificate. A product placed on the market must meet food-law requirements.

How tasks are divided in a contract does not change the legal obligations that follow from each party’s actual role. Required documentation and the scope of quality control follow from the product, its risks and the law. Additional testing and its cost are set out in the offer.

Before the first conversation

Do I need my own formula?

No. A product brief is enough to start. Assessing an existing formula, adapting it and developing a new one are different scopes of work — agreed before an order.

What is the minimum order and lead time?

They depend on formula, format, packaging and production method. There is no single minimum or lead time for every project; we confirm both in the offer after assessing feasibility.

How is production organised?

FortFrisk carries out production and packing. Raw materials come from specialist suppliers, and some steps, such as laboratory testing, are done by partners. Ingredient origin and who performs each step are recorded in the project documentation.

Who owns the formula and the packaging design?

Use of existing solutions and rights to the results of new work are set out in the contract. Commissioning production does not in itself transfer all rights to the solutions used.

What support is there with the GIS notification?

We can help prepare the data and plan the next steps. Submitting a notification on behalf of the responsible entity requires a separate agreement and proper authorisation. We do not promise the authority’s outcome or timing.

Tell us about the product you have in mind

In your message, give the sales market, product type and preferred ingredients. You can add an indicative number of packs, a budget and planned timing. If you do not have those details yet, just describe the idea.

At this stage, please do not send health data or a confidential formula. Terms for exchanging confidential information can be agreed separately.

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Information material for B2B discussions. Scope of services, availability of solutions, prices and lead times require individual confirmation in an offer or contract.

Entering the Polish market. A clear plan and shared responsibilities.

Preparing a product for Poland involves more than translating its label. Together, we identify the documents, responsible operators and tasks needed before sale. Each product has its own launch assessment, starting with Omega-3 and krill oil.

FOR THE POLISH MARKET

Product availability and launch readiness are confirmed for the selected version. The project must identify the operator responsible for label information, the GIS notifier and, where relevant, the importer. Polish labels, product documentation and delivery arrangements are reviewed together. GIS notification is not product approval or a quality certificate.



Illustrative brand image.

GIS notification is not product approval.

Before a food supplement is first placed on the Polish market, the Chief Sanitary Inspector must be notified. Notification and a register entry are not product authorisation, proof of efficacy or a quality certificate. The relevant food business operators remain responsible for compliance and safety. GIS may investigate and request further information.

Sources: GIS-FAQ, GIS-NOTICE, EU-FOOD-LAW

Six stages of market preparation

01

Define the responsible operators

Identify the market operator, the operator responsible for label information, the GIS notifier and, where relevant, the importer. Check the required food-business registration or approval for the actual activities.

Sources: GIS-NOTICE, PL-ESTABLISHMENT, EU-FIC

02

Review composition and evidence

Check the full formulation, daily serving, allergens, ingredient legality and quality documents. Match the specific krill ingredient to its applicable entry in the EU novel-food list.

Sources: EU-SUPPLEMENTS, EU-NOVEL, EU-CONTAMINANTS

03

Prepare Polish labels and copy

Prepare Polish labelling and product material for the responsible operator’s sign-off. Review mandatory information and the use of health claims, including online product listings.

Sources: PL-LABEL, EU-FIC, EU-CLAIMS

04

Submit the notification

The eligible operator submits a correctly signed notification through the current system identified by GIS. Retain the submission receipt and the version of the product dossier that was filed.

Sources: GIS-NOTICE

05

Prepare the first delivery

Confirm route-specific formalities, batch acceptance, storage and traceability, together with packaging obligations. GIS notification does not replace these steps.

Sources: PL-CUSTOMS, EEA-ANIMAL-IMPORTS, EU-HYGIENE, PL-BDO

06

Maintain oversight after launch

Agree complaints handling, safety escalation, batch withdrawal or recall and document changes when the product changes. Compliance continues beyond the first order.

Sources: EU-FOOD-LAW, EU-FIC

Where we can support the process

We agree the support provided by Nordic Apothecary and FortFrisk for each project. This can include assembling documents and coordinating work with a Polish food-law specialist. The work plan names the responsible parties, deliverables and limits of any representation.

Nordic Apothecary

Brand-product information, agreed specifications, material for Polish labels, consistent commercial copy and coordination of the proposed range.

FortFrisk

Coordinate documents from production partners, manufacturing and packing arrangements, testing and packaging preparation within the agreed project scope.

Partner and relevant responsible operator

Company details and eligibility, local operations and sales, proper signature and submission, import duties where applicable and local oversight. Representation by an authorised agent must be agreed separately.

Preparing the Polish launch together.

Production planning and market preparation should use the same product version. We can help assemble the information needed for Polish labelling, the agreed regulatory review and the first delivery, with responsibilities assigned before launch.

01

One agreed product dossier

Composition, shell ingredients, allergens, serving, packaging, storage and the relevant product and batch documents.

02

Clear legal and operational roles

The project identifies the label-responsible operator, the GIS notifier and, where relevant, the importer. Coordination support does not automatically transfer these roles to FortFrisk or the distributor.

03

The actual supply route

Origin information, manufacturing and packing locations, delivery documentation and any import formalities are checked for the selected route.

04

Goals linked to readiness

The joint launch plan connects documentation, supply and sales milestones. Documented delays and required changes are reviewed together before evaluating distributor performance.

What the preparation covers

The GIS notification dossier

Prepare the product and manufacturer names, product form, food-supplement classification, complete qualitative and quantitative composition, Polish label artwork and notifier details. Include previous notification information from another EU state where applicable. Specifications, test reports and ingredient documents support the wider compliance dossier; not every document is a mandatory attachment to every notification.

Sources: GIS-NOTICE

The complete label—not just headline ingredients

Review all ingredients, including the capsule shell and additives, highlighted allergens, the recommended daily serving and quantities of the substances characterising the product. Include supplement-specific warnings, the food-supplement designation, appropriate quantity information, responsible-operator details, storage, durability and batch identification, and legibility. A QR code does not replace mandatory on-pack information.

Sources: PL-LABEL, EU-FIC, EU-SUPPLEMENTS

Separate assessments for Omega-3 and krill oil

For Omega-3, assess the oil’s origin and specification, EPA and DHA in the daily serving and the capsule composition. For krill, also match ingredient identity, process and parameters to the applicable novel-food authorisation and its use and labelling conditions. Assess fish, crustaceans and shell ingredients separately for allergens. A research dose is not automatically an authorised product serving.

Sources: EU-NOVEL, EU-NOVEL-LIST, EU-FIC, EU-SUPPLEMENTS

Quality, shelf life and traceability

Agree product-appropriate evidence for composition, contaminants, oil oxidation and stability in the final packaging. Reports and certificates are checked for their scope, product or batch, applicable requirements and validity. The testing plan reflects the product and the risks involved.

Sources: EU-CONTAMINANTS, EU-FOOD-LAW, EU-NOVEL-LIST

Health claims and online sales

Review labels, websites, catalogues and pharmacy material together. A study does not automatically permit a health promise; the claim and the finished composition must meet the applicable conditions. Do not attribute disease treatment to a supplement. For online sales, mandatory food information is available before purchase, subject to the legal exception for durability dating, and complete information accompanies delivery.

Sources: EU-CLAIMS, EU-CLAIMS-REGISTER, EU-FIC

Supply from Norway or another country

Distinguish manufacture, packing location and country of dispatch. Assess customs and tax separately from sanitary requirements. Tariff classification is determined for the finished product: a supplement in measured doses does not automatically share the classification of bulk oil, and duty and VAT rates depend on the product, its origin and the route. Norway participates in the EEA sanitary system, so not every shipment from Norway has the same requirements as first entry from outside the EU/EEA. Establish the documents for the actual product and route.

Sources: PL-CUSTOMS, PL-TARIFF, EEA-ANIMAL-IMPORTS, EEA-PRENOTIFICATION, EU-CN-2026

Food-contact packaging, BDO and PPWR

Review product-contact material documents and the Polish obligations of the operator placing packaged goods on the market, including BDO. Account for phased PPWR application from 12 August 2026, including current PFAS restrictions in food-contact packaging, and plan for subsequent deadlines where applicable.

Sources: EU-FCM, PL-BDO, EU-PPWR

Confidentiality and required disclosures

Procurement terms and production know-how remain protected. At the same time, the appropriate operators and authorities receive the legally required manufacturer, composition and product information. We distinguish confidential business documentation from information that must be filed or disclosed.

Sources: GIS-NOTICE, EU-FIC, EU-FOOD-LAW

Sales targets start with a launch that can happen.

The shared timeline links documentation, labels, notification, product availability and delivery. The agreement specifies when performance measurement starts and how documented regulatory or supply delays affect targets. This protects both parties from judging sales against a launch that could not take place.

Questions about the Polish market

Do we need a “GIS certificate”?

No. The correct procedure is notification of first market placement. We do not present a filing receipt as safety certification or product approval.

Sources: GIS-FAQ

Must we wait for GIS permission?

GIS does not issue market authorisation for food supplements. A valid notification must nevertheless precede first placement, and all applicable requirements must be met. A register entry or absence of a reply does not justify selling a non-compliant product.

Sources: GIS-FAQ, EU-FOOD-LAW

Will Nordic Apothecary or FortFrisk file for us?

Document preparation and coordination can be agreed. The eligible notifier and representation arrangements depend on the operating model. A commercial partnership does not itself transfer statutory responsibility to the brand or FortFrisk.

Sources: GIS-NOTICE, EU-FOOD-LAW

Is prior sale in Norway enough?

It does not replace a Polish-market assessment. Check Polish labelling, notification, the relevant operator and the supply route; use other-market documents only where applicable.

Sources: GIS-NOTICE, EU-FIC

Let’s define your Polish-market preparation.

Select the products, confirm the distribution model and review the documents available. Together we can define the work, responsible people and timeline for a documented market launch.

> Process and support information, not confirmation that a specific product complies. Services and responsibilities require agreement; check current requirements and the actual product dossier before market placement.

Official sources and reference framework

GIS-FAQ Chief Sanitary Inspectorate (GIS) — questions and answers (https://www.gov.pl/web/gis/pytania-i-odpowiedzi2)

GIS-NOTICE GIS — notification of first placing on the market (https://www.gov.pl/web/gis/elektroniczny-system-powiadomien-powiadomienie-o-wprowadzeniu-po-raz-pierwszy-do-obrotu-suplementy-diety-zywnosc-wzbogacana-zywnosc-dla-okreslonych-grup)

EU-FOOD-LAW European Commission — general food law requirements (https://food.ec.europa.eu/horizontal-topics/general-food-law/food-law-general-requirements_en)

PL-ESTABLISHMENT WSSE Warsaw — food supplements / business registration (https://www.gov.pl/web/wsse-warszawa/obzzik-suplementy-diety)

EU-FIC Regulation (EU) No 1169/2011 — food information to consumers (https://eur-lex.europa.eu/eli/reg/2011/1169/oj/eng)

EU-SUPPLEMENTS Directive 2002/46/EC — food supplements (https://eur-lex.europa.eu/eli/dir/2002/46/oj/eng)

EU-NOVEL European Commission — Union list of novel foods (https://food.ec.europa.eu/food-safety/novel-food/authorisations/union-list-novel-foods_en)

EU-CONTAMINANTS Regulation (EU) 2023/915 — contaminants in food (https://eur-lex.europa.eu/legal-content/EN/TXT/?uri=CELEX%3A02023R0915-20251008)

PL-LABEL GIS — information on food-supplement packaging (https://www.gov.pl/web/gis/jakie-informacje-powinny-znajdowac-sie-na-opakowaniu-suplementu-diety)

EU-CLAIMS Regulation (EC) No 1924/2006 — nutrition and health claims (https://eur-lex.europa.eu/eli/reg/2006/1924/oj/eng)

PL-CUSTOMS Polish Ministry of Finance — customs procedures (https://podatki.gov.pl/informacje-o-cle/podstawowe-informacje-o-cle/informacje-dla-przedsiebiorcow/procedury-celne)

EEA-ANIMAL-IMPORTS Mattilsynet — imports of products of animal origin into Norway (applies to Norway, not Poland) (https://www.mattilsynet.no/import/import-av-mat/kommersiell-import-av-mat/veterinaer-grensekontroll-import-av-animalske-varer-hoy-og-halm-fra-tredjestat?noJS=true)

EU-HYGIENE Regulation (EC) No 852/2004 — hygiene of foodstuffs (https://eur-lex.europa.eu/eli/reg/2004/852/oj/eng)

PL-BDO BDO (Polish waste database) — registration rules (https://bdo.mos.gov.pl/zasady-rejestracji/)

EU-NOVEL-LIST Implementing Regulation (EU) 2017/2470 — Union list of novel foods (https://eur-lex.europa.eu/eli/reg_impl/2017/2470/oj/eng)

EU-CLAIMS-REGISTER European Commission — EU Register of nutrition and health claims (https://ec.europa.eu/food/food-feed-portal/screen/health-claims/eu-register)

PL-TARIFF Polish Ministry of Finance — ISZTAR4 tariff browser (https://podatki.gov.pl/narzedzia/przegladarka-taryfowa)

EEA-PRENOTIFICATION Mattilsynet — pre-notification of consignments to Norway (applies to Norway, not Poland) (https://www.mattilsynet.no/en/food-and-beverages/commercial-import-of-foodstuff-to-norway/pre-notification-of-consignments)

EU-CN-2026 Commission Implementing Regulation (EU) 2025/1926 — Combined Nomenclature 2026 (Chapter 15 note 5, Chapter 21) (https://eur-lex.europa.eu/eli/reg_impl/2025/1926/oj/eng)

EU-FCM Regulation (EC) No 1935/2004 — food contact materials (https://eur-lex.europa.eu/eli/reg/2004/1935/oj/eng)

EU-PPWR European Commission — PPWR starts to apply, 12 August 2026 (https://environment.ec.europa.eu/news/new-eu-rules-packaging-enter-application-2026-08-11_en)

Sources last checked: 21 September 2026

Products, order quantities and indicative budgets

Compare specific formulations, pack sizes and purchasing budgets. Choose products for an initial discussion without having to bring a completed formula.

The configurations can be discussed both for the development of Nordic Apothecary’s range and for a product under your own brand. Nordic Apothecary remains our brand; adding a formulation to its range requires a separate agreement. Client-brand projects may be coordinated with FortFrisk.

> Indicative B2B prices. The final offer confirms the product specification, delivery scope, price and timing.

Indicative net B2B prices in EUR per finished retail pack of 90 capsules or tablets, at the stated minimum order quantity for each configuration. PLN amounts are for reference only: a fixed calculation rate from 21 Sept 2026, shown rounded as 1 EUR = 4.358871 PLN (not a live rate); amounts are converted at the full rate and rounded to 0.01 PLN. Offers are made in EUR. Delivery scope, packaging, testing and delivery terms are confirmed in the written quotation.

Each pack contains 90 capsules or tablets, as described for the variant. The number of days of use depends on the approved daily portion. Retail packs per product configuration. Each configuration’s minimum applies separately.

HOW TO READ THE STATUSES

- Reference configuration — based on the source description; full composition, daily portion and packaging are confirmed in the specification.
- Proposed configuration / formulation — in preparation; the price is a budget to be confirmed in a separate offer.
- Changing an ingredient amount or form creates a new formulation version and may change the price.
- Variants can be discussed for the Nordic Apothecary brand or a client brand; not all are current Nordic Apothecary products.

Prices at the minimum order quantity

The catalogue shows indicative net prices per finished retail pack at the stated minimum order quantity for each product configuration. Higher-volume options are identified separately. These prices provide a starting point for discussing your order.

Larger orders give us a stronger basis for negotiating production and packaging costs and may allow us to offer more competitive unit prices. Share your planned first order and expected repeat demand so we can review the options with you. Any improved price, required volume commitment and delivery conditions will be confirmed in a written quotation.

Two marine configurations for the launch discussion

Krill oil and Omega-3 remain Nordic Apothecary's priorities. These proposed configurations support first-order comparison; a separate client-brand project can also be discussed. Changing the pack does not approve a formulation or the right to use it.

NA-M01

PROPOSED CONFIGURATION

Krill oil 500 mg · proposed 90-pack

500 mg krill oil in a bovine-gelatin softgel. Individual EPA, DHA, phospholipid, choline and astaxanthin quantities are not established by the supplied quotation.

Amount basis: per capsule

MINIMUM ORDER QUANTITY	UNITS PER RETAIL PACK
1,800 retail packs	90 softgels

INDICATIVE NET PRICE PER RETAIL PACK

32.40–45.00 EUR

≈ 141.23–196.15 PLN

Price applies at this order quantity: 1,800 retail packs

Order value at the minimum quantity: 58,320.00–81,000.00 EUR

Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.

NA-M02

PROPOSED CONFIGURATION

Herring-based Omega-3 · proposed 90-pack

Per 1,000 mg fill described in the quotation: total omega-3 325 mg; EPA 65 mg; DHA 211 mg; DPA 23 mg; vitamin D 5 µg. Herring-oil complex, TG concentrate and olive oil; bovine-gelatin shell.

Amount basis: per 1,000 mg fill

MINIMUM ORDER QUANTITY	UNITS PER RETAIL PACK
2,000 retail packs	90 softgels

INDICATIVE NET PRICE PER RETAIL PACK

33.00–42.00 EUR

≈ 143.84–183.07 PLN

Price applies at this order quantity: 2,000 retail packs

Order value at the minimum quantity: 66,000.00–84,000.00 EUR

Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.

LARGER-VOLUME SCENARIOS

ORDER QUANTITY	INDICATIVE NET PRICE PER RETAIL PACK	ORDER VALUE
5,000 retail packs	29.40–41.40 EUR	147,000.00–207,000.00 EUR
10,000 retail packs	28.20–40.20 EUR	282,000.00–402,000.00 EUR
25,000 retail packs	27.60–39.60 EUR	690,000.00–990,000.00 EUR

Each range applies at its own stated quantity, not at the minimum order. The written quotation confirms the final price and batch split.

> Proposed krill-oil configuration in bovine-gelatin softgels. Its full specification and relationship to the current Nordic Apothecary product require confirmation.

The 1,800 × 90 configuration contains 162,000 softgels. Capsule count, filling validation and container selection must be confirmed before production; no shelf-life or manufacturing approval is implied. EPA, DHA, phospholipid, choline and astaxanthin amounts will be stated from the selected raw material's specification and certificate of analysis.

version: `reference configuration, catalogue 21 Sept 2026`

LARGER-VOLUME SCENARIOS

ORDER QUANTITY	INDICATIVE NET PRICE PER RETAIL PACK	ORDER VALUE
5,000 retail packs	30.60–39.00 EUR	153,000.00–195,000.00 EUR
10,000 retail packs	30.00–37.80 EUR	300,000.00–378,000.00 EUR
25,000 retail packs	29.40–37.20 EUR	735,000.00–930,000.00 EUR

Each range applies at its own stated quantity, not at the minimum order. The written quotation confirms the final price and batch split.

> Proposed configuration with herring oil. The full specification and its relationship to the current Nordic Apothecary Omega-3 product require confirmation.

The calculation covers 90 softgels in one container. Packing, container, label and the right to use the formulation under the chosen brand are confirmed in the offer. The 90-capsule layout is a proposed packing configuration: capsule fit, closure, label and shelf life are confirmed for this configuration, not carried over from another pack. Total omega-3 is not the same as EPA plus DHA.

version: `reference configuration, catalogue 21 Sept 2026`

Product configurations — Nordic Apothecary or your brand

Compare composition, dosage form and indicative prices for 90-count packs. The same configurations can be discussed under either partnership model; they are not all existing Nordic Apothecary products. The shown budget is a common reference for the same specification and scope. Additional work or commercial rights require separate agreement.

Pack count does not determine the daily serving. Amounts identified as proposed are design targets for the complete daily portion, not approved directions for use. Reference-configuration amounts must be confirmed in the full specification.

CONFIGURATION DETAILS	UNITS PER RETAIL PACK	MINIMUM ORDER QUANTITY	INDICATIVE NET PRICE PER RETAIL PACK
FF-01 REFERENCE CONFIGURATION Fish oil 500 mg (TG) Fish oil 500 mg; EPA 18%, DHA 12%; vitamin E — amount to be confirmed. Amount basis: Amount basis to be confirmed The EPA (90 mg) and DHA (60 mg) amounts are calculated from the stated percentages, not from a separate analysis. version: `reference configuration, catalogue 21 Sept 2026`	90 softgels	500 retail packs	10.20–15.00 EUR ≈ 44.46–65.38 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 5,100.00–7,500.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.
FF-02 REFERENCE CONFIGURATION Omega-3 180 / 120 EE Fish oil 1,000 mg; EPA 180 mg; DHA 120 mg; vitamin E (amount not supplied). Amount basis: Amount basis to be confirmed version: `reference configuration, catalogue 21 Sept 2026`	90 softgels	500 retail packs	13.20–18.00 EUR ≈ 57.54–78.46 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 6,600.00–9,000.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.

CONFIGURATION DETAILS	UNITS PER RETAIL PACK	MINIMUM ORDER QUANTITY	INDICATIVE NET PRICE PER RETAIL PACK
FF-03 REFERENCE CONFIGURATION Omega-3 330 / 220 EE Fish oil 1,000 mg; EPA 330 mg; DHA 220 mg; ethyl ester form. Amount basis: Amount basis to be confirmed version: `reference configuration, catalogue 21 Sept 2026`	90 softgels	500 retail packs	16.80–22.80 EUR ≈ 73.23–99.38 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 8,400.00–11,400.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.
FF-04 REFERENCE CONFIGURATION Omega-3 500 / 250 EE Fish oil 1,000 mg; EPA 500 mg; DHA 250 mg; ethyl ester form. Amount basis: Amount basis to be confirmed version: `reference configuration, catalogue 21 Sept 2026`	90 softgels	500 retail packs	20.40–26.40 EUR ≈ 88.92–115.07 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 10,200.00–13,200.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.
FF-05 REFERENCE CONFIGURATION Omega-3 500 / 250 TG Fish oil 1,000 mg; EPA 500 mg; DHA 250 mg; triglyceride form. Amount basis: Amount basis to be confirmed Calculated for 1,500 packs. version: `reference configuration, catalogue 21 Sept 2026`	90 softgels	1,500 retail packs	22.80–29.40 EUR ≈ 99.38–128.15 PLN Price applies at this order quantity: 1,500 retail packs Order value at the minimum quantity: 34,200.00–44,100.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.
FF-06 REFERENCE CONFIGURATION Coenzyme Q10 100 mg Coenzyme Q10 100 mg; hard-capsule reference. Amount basis: Amount basis to be confirmed version: `reference configuration, catalogue 21 Sept 2026`	90 capsules	500 retail packs	18.60–24.60 EUR ≈ 81.08–107.23 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 9,300.00–12,300.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.

CONFIGURATION DETAILS	UNITS PER RETAIL PACK	MINIMUM ORDER QUANTITY	INDICATIVE NET PRICE PER RETAIL PACK
FF-07 REFERENCE CONFIGURATION **Coenzyme Q10 50 mg** Coenzyme Q10 50 mg; separate formulation from the 100 mg option. Amount basis: Amount basis to be confirmed version: `reference configuration, catalogue 21 Sept 2026`	90 capsules	500 retail packs	15.00–20.40 EUR ≈ 65.38–88.92 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 7,500.00–10,200.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.
FF-08 REFERENCE CONFIGURATION **Vitamin D3 2,000 IU** Vitamin D3 2,000 IU (50 µg); safflower-oil carrier. Amount basis: Amount basis to be confirmed version: `reference configuration, catalogue 21 Sept 2026`	90 softgels	500 retail packs	8.40–13.20 EUR ≈ 36.61–57.54 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 4,200.00–6,600.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.
FF-09 REFERENCE CONFIGURATION **Vitamin K2 MK-7 100 µg** Vitamin K2 as MK-7, 100 µg. Amount basis: Amount basis to be confirmed > Vitamin K: do not use with vitamin K antagonists such as warfarin or acenocoumarol. The label will include a warning about use with vitamin K antagonists. version: `reference configuration, catalogue 21 Sept 2026`	90 tablets	500 retail packs	10.80–15.00 EUR ≈ 47.08–65.38 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 5,400.00–7,500.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.
FF-10 REFERENCE CONFIGURATION **Folate 400 µg — L-methylfolate (5-MTHF)** Folate 400 µg as L-methylfolate (5-MTHF). The exact salt and folate content must be verified in the specification. Amount basis: in the planned daily portion (design) The 400 µg refers to folate in the whole planned daily portion, not to the mass of the salt or premix. version: `reference configuration, catalogue 21 Sept 2026`	90 tablets	500 retail packs	10.20–15.00 EUR ≈ 44.46–65.38 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 5,100.00–7,500.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.

CONFIGURATION DETAILS	UNITS PER RETAIL PACK	MINIMUM ORDER QUANTITY	INDICATIVE NET PRICE PER RETAIL PACK
FF-11 REFERENCE CONFIGURATION **Vitamin C 500 mg complex** Vitamin C 500 mg; citrus bioflavonoids 25 mg; rosehip powder 16 mg. Amount basis: Amount basis to be confirmed > The label will include a warning for people with kidney stones or a tendency to form them. version: `reference configuration, catalogue 21 Sept 2026`	90 tablets	500 retail packs	10.20–15.00 EUR ≈ 44.46–65.38 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 5,100.00–7,500.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.
FF-12 REFERENCE CONFIGURATION **Vitamin C 1,000 mg complex** Vitamin C 1,000 mg; citrus bioflavonoids 25 mg; rosehip powder 20 mg. Amount basis: Amount basis to be confirmed > Total vitamin C in the daily portion: no more than 1,000 mg. The label will include a kidney-stone warning. Daily portion and the recommended Polish kidney-stone warning require label review. version: `reference configuration, catalogue 21 Sept 2026`	90 tablets	500 retail packs	12.60–17.40 EUR ≈ 54.92–75.84 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 6,300.00–8,700.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.
FF-13 REFERENCE CONFIGURATION **Magnesium 200 mg + B6 5 mg** Magnesium 200 mg from buffered citrate; vitamin B6 5 mg. Amount basis: Amount basis to be confirmed > The daily portion will be set so that total vitamin B6 does not exceed 6 mg. The magnesium comes from buffered citrate (not pure magnesium citrate). version: `reference configuration, catalogue 21 Sept 2026`	90 tablets	500 retail packs	13.20–18.00 EUR ≈ 57.54–78.46 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 6,600.00–9,000.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.

CONFIGURATION DETAILS	UNITS PER RETAIL PACK	MINIMUM ORDER QUANTITY	INDICATIVE NET PRICE PER RETAIL PACK
FF-14 REFERENCE CONFIGURATION **Magnesium bisglycinate + B6** The source describes magnesium 100 mg from 500 mg bisglycinate ingredient, plus B6. Amount basis: Amount basis to be confirmed > The vitamin B6 amount is not yet confirmed; the daily portion will be set once the full specification is received. To be confirmed: elemental magnesium content, ingredient composition and vitamin B6 amount. 500 mg is the mass of the bisglycinate ingredient, not magnesium. version: `reference configuration, catalogue 21 Sept 2026`	90 capsules	500 retail packs	15.00–20.40 EUR ≈ 65.38–88.92 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 7,500.00–10,200.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.
FF-15 REFERENCE CONFIGURATION **Marine collagen + C + B3** Fish collagen 400 mg; vitamin C 80 mg; vitamin B3 16 mg. Amount basis: Amount basis to be confirmed To be confirmed: fish allergen and the form of niacin. version: `reference configuration, catalogue 21 Sept 2026`	90 capsules	500 retail packs	15.60–21.00 EUR ≈ 68.00–91.54 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 7,800.00–10,500.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.
FF-16 REFERENCE CONFIGURATION **Hyaluronic acid 50 mg** Hyaluronic acid 50 mg. Amount basis: Amount basis to be confirmed version: `reference configuration, catalogue 21 Sept 2026`	90 capsules	500 retail packs	13.20–18.60 EUR ≈ 57.54–81.08 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 6,600.00–9,300.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.

CONFIGURATION DETAILS	UNITS PER RETAIL PACK	MINIMUM ORDER QUANTITY	INDICATIVE NET PRICE PER RETAIL PACK
FF-17 REFERENCE CONFIGURATION Hyaluronic acid 150 mg Hyaluronic acid 150 mg; separate from the 50 mg formulation. Amount basis: Amount basis to be confirmed version: `reference configuration, catalogue 21 Sept 2026`	90 capsules	500 retail packs	16.80–22.20 EUR ≈ 73.23–96.77 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 8,400.00–11,100.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.
FF-18 REFERENCE CONFIGURATION Evening primrose oil 1,000 mg Evening primrose oil 1,000 mg; GLA quantity is not specified in the source. Amount basis: Amount basis to be confirmed version: `reference configuration, catalogue 21 Sept 2026`	90 softgels	500 retail packs	18.00–24.00 EUR ≈ 78.46–104.61 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 9,000.00–12,000.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.
FF-19 REFERENCE CONFIGURATION Inositol 500 mg Inositol 500 mg; isomer not specified. Amount basis: Amount basis to be confirmed Form of inositol: to be confirmed in the specification. version: `reference configuration, catalogue 21 Sept 2026`	90 capsules	500 retail packs	13.20–18.60 EUR ≈ 57.54–81.08 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 6,600.00–9,300.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.
FF-20 REFERENCE CONFIGURATION Iron bisglycinate 20 mg Iron 20 mg, described as supplied by bisglycinate. Amount basis: Amount basis to be confirmed > Total iron in the adult daily portion: no more than 20 mg. Source and elemental content to be confirmed. version: `reference configuration, catalogue 21 Sept 2026`	90 capsules	1,500 retail packs	11.40–16.20 EUR ≈ 49.69–70.61 PLN Price applies at this order quantity: 1,500 retail packs Order value at the minimum quantity: 17,100.00–24,300.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.

CONFIGURATION DETAILS	UNITS PER RETAIL PACK	MINIMUM ORDER QUANTITY	INDICATIVE NET PRICE PER RETAIL PACK
FF-24 REFERENCE CONFIGURATION Folic acid 400 µg Folic acid 400 µg. Non-methylated folate formulation; tablet format. Amount basis: Amount basis to be confirmed A separate formulation from L-methylfolate. Confirm the full ingredient list and quantitative basis in the final specification; the stated amount is not a daily-use instruction. version: `reference configuration, catalogue 21 Sept 2026`	90 tablets	500 retail packs	7.80–12.60 EUR ≈ 34.00–54.92 PLN Price applies at this order quantity: 500 retail packs Order value at the minimum quantity: 3,900.00–6,300.00 EUR Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.

Proposed formulations for the Polish market

These show proposed Polish-market amounts rather than higher-dose versions awaiting reduction. New formulations still require development and quotations. Visible prices are indicative project budgets, not confirmed quotations for the changed formulations.

FF-21 / FORMULATION PROPOSAL

PROPOSED FORMULATION — PENDING APPROVAL

Vitamin B12 100 µg — methylcobalamin

Proposed daily serving: vitamin B12 100 µg as methylcobalamin. Target format: 1 tablet; specification to be developed.

Amount basis: in the planned daily portion (design)

MINIMUM ORDER QUANTITY	UNITS PER RETAIL PACK
500 retail packs	90 tablets

Indicative project budget — revised formulation to be quoted

INDICATIVE NET PRICE PER RETAIL PACK

11.40–16.20 EUR

≈ 49.69–70.61 PLN

Price applies at this order quantity: 500 retail packs

Order value at the minimum quantity: 5,700.00–8,100.00 EUR

Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.

> Estimated product price after reformulation — to be confirmed in a separate quotation. This is not a quotation for an approved, finished formulation.

Methylcobalamin is a methylated form of vitamin B12. This is a proposed Polish-market formula, not a finished formulation. The 100 µg target applies to the complete proposed daily serving. The manufacturer must confirm composition, uniformity, stability and the revised quotation. The target amounts differ from the reference product behind the calculation: this is a separate development formula requiring its own specification and quotation.

version: `Polish formulation draft, 21 Sept 2026`

FF-22 / FORMULATION PROPOSAL

PROPOSED FORMULATION — PENDING APPROVAL

B6 (P5P) + L-methylfolate + B12 (methylcobalamin)

Proposed daily serving: vitamin B6 1.5 mg as pyridoxal 5′-phosphate (P5P); folate 400 µg as L-methylfolate (5-MTHF); vitamin B12 100 µg as methylcobalamin. Target format: 1 tablet.

Amount basis: in the planned daily portion (design)

MINIMUM ORDER QUANTITY	UNITS PER RETAIL PACK
500 retail packs	90 tablets

Indicative project budget — revised formulation to be quoted

INDICATIVE NET PRICE PER RETAIL PACK

12.60–17.40 EUR

≈ 54.92–75.84 PLN

Price applies at this order quantity: 500 retail packs

Order value at the minimum quantity: 6,300.00–8,700.00 EUR

Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.

> Estimated product price after reformulation — to be confirmed in a separate quotation. This is not a quotation for an approved, finished formulation.

P5P (pyridoxal 5′-phosphate) is a phosphorylated form of vitamin B6 — not a methylated form. L-methylfolate and methylcobalamin are the methylated forms of folate and B12. Amounts are vitamin quantities, not salt or premix mass. The 5-MTHF salt, composition and portion are confirmed in the specification. The target amounts differ from the reference product behind the calculation: this is a separate development formula requiring its own specification and quotation.

version: `Polish formulation draft, 21 Sept 2026`

FF-23 / FORMULATION PROPOSAL

PROPOSED FORMULATION — PENDING APPROVAL

Vitamin D3 2,000 IU + K2 100 µg

Proposed daily serving for healthy adults up to age 75: vitamin D3 50 µg (2,000 IU) and vitamin K2 100 µg. Target format: 1 tablet; exact K2 form to be confirmed.

Amount basis: in the planned daily portion (design)

MINIMUM ORDER QUANTITY	UNITS PER RETAIL PACK
500 retail packs	90 tablets

Indicative project budget — revised formulation to be quoted

INDICATIVE NET PRICE PER RETAIL PACK

12.00–16.80 EUR

≈ 52.31–73.23 PLN

Price applies at this order quantity: 500 retail packs

Order value at the minimum quantity: 6,000.00–8,400.00 EUR

Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.

> Estimated product price after reformulation — to be confirmed in a separate quotation. This is not a quotation for an approved, finished formulation.

The new formulation requires development, a specification and a quotation. The label will state the target group and a warning for people taking vitamin K antagonists. Form of vitamin K2 to be confirmed. The target amounts differ from the reference product behind the calculation: this is a separate development formula requiring its own specification and quotation. Source of vitamin D3 (including any vegan version) to be confirmed.

version: `Polish formulation draft, 21 Sept 2026`

A population-specific formulation

A higher folate amount is not a general-adult option. The intended population and warnings are stated with every summary of this product.

FF-25 / SPECIFIC TARGET POPULATION

PREGNANCY-SPECIFIC ONLY

Folic acid 800 µg — pregnancy-specific option

Folic acid 800 µg in the proposed daily serving, targeted as 1 tablet. This reference is specifically for developing a product labelled for pregnant women.

Amount basis: in the planned daily portion (design)

MINIMUM ORDER QUANTITY	UNITS PER RETAIL PACK
1,500 retail packs	90 tablets

INDICATIVE NET PRICE PER RETAIL PACK

8.40–12.60 EUR

≈ 36.61–54.92 PLN

Price applies at this order quantity: 1,500 retail packs

Order value at the minimum quantity: 12,600.00–18,900.00 EUR

Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.

> Pregnancy-specific option only; medical consultation advised. Specification and labelling remain subject to review.

For Poland, the 800 µg level is considered only for a product labelled specifically for pregnant women. Full-product assessment and appropriate labelling are required, with the recommended medical-consultation warning. This is not a general-adult option or confirmation of market readiness.

version: `reference configuration, catalogue 21 Sept 2026`

Folate — folic acid and methylated forms

Compare folic acid 400 µg, L-methylfolate 400 µg, a proposed B6 (P5P), 5-MTHF and B12 combination, and a separate pregnancy-specific 800 µg option. These are alternative products, not a recommendation to combine them.

CONFIGURATION DETAILS	FOLATE FORM	INDICATIVE NET PRICE PER RETAIL PACK
FF-24 Folic acid 400 µg	Folic acid · non-methylated form	INDICATIVE NET PRICE PER RETAIL PACK 7.80–12.60 EUR ≈ 34.00–54.92 PLN Price applies at this order quantity: 500 retail packs
FF-10 Folate 400 µg — L-methylfolate (5-MTHF)	L-methylfolate (5-MTHF) · methylated form	INDICATIVE NET PRICE PER RETAIL PACK 10.20–15.00 EUR ≈ 44.46–65.38 PLN Price applies at this order quantity: 500 retail packs
FF-22 B6 (P5P) + L-methylfolate + B12 (methylcobalamin)	5-MTHF + phosphorylated B6 (P5P) + methylcobalamin	**Indicative project budget — revised formulation to be quoted** INDICATIVE NET PRICE PER RETAIL PACK 12.60–17.40 EUR ≈ 54.92–75.84 PLN Price applies at this order quantity: 500 retail packs > Estimated product price after reformulation — to be confirmed in a separate quotation. This is not a quotation for an approved, finished formulation.
FF-25 Folic acid 800 µg — pregnancy-specific option	Folic acid · pregnancy-specific option only	INDICATIVE NET PRICE PER RETAIL PACK 8.40–12.60 EUR ≈ 36.61–54.92 PLN Price applies at this order quantity: 1,500 retail packs > Pregnancy-specific option only; medical consultation advised. Specification and labelling remain subject to review.

P5P is pyridoxal 5′-phosphate, a phosphorylated form of B6. The whole complex is not described as methylated: 5-MTHF and methylcobalamin are its methylated components. The 800 µg option is solely for developing a pregnancy-labelled product with medical-consultation advice. Indicative net price per retail pack at the stated quantity. Ask us to review pricing for larger orders.

Illustrative order budgets

Four examples to help plan a first order under Nordic Apothecary or the client’s brand; Nordic Apothecary range development requires brand approval. They are examples, not a required opening basket. Each product’s minimum order applies separately: combining products in one basket does not meet another product’s minimum. Every pack contains 90 units.

B01

Starter set: D3, L-methylfolate and Q10

- 500 × Vitamin D3 2,000 IU
  FF-08
- 500 × Folate 400 µg — L-methylfolate (5-MTHF)
  FF-10
- 500 × Coenzyme Q10 100 mg
  FF-06

PRODUCT BUDGET

18,600.00–26,400.00 EUR

1,500 packs · 135,000 capsules / tablets in total

Indicative additional testing budget (one-off, per order): 4,480.00 EUR
Products plus this allowance: 23,080.00–30,880.00 EUR

B02

First order: five products

- 500 × Vitamin D3 2,000 IU
  FF-08
- 500 × Folate 400 µg — L-methylfolate (5-MTHF)
  FF-10
- 500 × Coenzyme Q10 100 mg
  FF-06
- 500 × Magnesium 200 mg + B6 5 mg
  FF-13
- 500 × Vitamin C 500 mg complex
  FF-11

PRODUCT BUDGET

30,300.00–42,900.00 EUR

2,500 packs · 225,000 capsules / tablets in total

Indicative additional testing budget (one-off, per order): 7,520.00 EUR
Products plus this allowance: 37,820.00–50,420.00 EUR

B03

Two marine launch configurations

- 1,800 × Krill oil 500 mg · proposed 90-pack
  NA-M01
- 2,000 × Herring-based Omega-3 · proposed 90-pack
  NA-M02

PRODUCT BUDGET

124,320.00–165,000.00 EUR

3,800 packs · 342,000 capsules / tablets in total

The product budget already includes one oil-analysis allowance per product, so no separate testing amount is added. More batches or a different testing scope can change the cost.

B04

Starter set: D3, folic acid and Q10

- 500 × Vitamin D3 2,000 IU
  FF-08
- 500 × Folic acid 400 µg
  FF-24
- 500 × Coenzyme Q10 100 mg
  FF-06

PRODUCT BUDGET

17,400.00–25,200.00 EUR

1,500 packs · 135,000 capsules / tablets in total

Indicative additional testing budget (one-off, per order): 4,480.00 EUR
Products plus this allowance: 21,880.00–29,680.00 EUR

This is an additional-testing scenario, not an automatic fee. The necessary scope depends on the product and available documentation. Mandatory controls cannot be omitted by choosing a cheaper option.

What is included in the budget?

The amounts relate to the stated configuration and scope, regardless of the selected brand model. They do not automatically include a new formulation, custom packaging or exclusive distribution rights.

CONFIGURATION	INCLUDED IN THE CALCULATION	OUTSIDE THE CALCULATION
Standard configuration — either brand model	The described product, a reference container and standard label as scenario assumptions, and basic order coordination. Exact packaging and label scope must be confirmed.	Freight, taxes and applicable import formalities; new tests; specialist regulatory review; a new formula, trials or bespoke design; conversion to aluminium.
Krill oil — proposed 90-pack	500 mg softgels, aluminium container and label, a packing allowance and one batch oil-analysis allowance.	Transport of capsules or finished goods; taxes/formalities; additional lots, tests or outer cartons; regulatory services.
Herring-based Omega-3 — proposed 90-pack	Herring-based formulation in a proposed aluminium 90-pack, label, basic coordination and an allowance for one oil-analysis panel. Final filling and packaging require confirmation.	As above. Permission to use the selected product under Nordic Apothecary must be confirmed.

Timing and documentation: agree before ordering

Before an order, we agree the final specification, packaging and Polish label. The written quotation confirms the order quantity, lead time and delivery terms, as well as the formulation version and testing scope.

Preparing for Poland

Proposed daily amounts are screened against the current resolutions of the GIS Supplement Team. The full daily serving, ingredient form and target population must be assessed. This is a design screen, not confirmation of finished-product compliance. GIS notification is not product approval. The detailed Poland roadmap remains in its catalogue section.

Questions about prices and quantities

Are the catalogue prices final?

They are indicative prices for the stated product configuration and quantity. Your written quotation confirms the exact specification, net price per retail pack, currency, included work, additional charges, delivery conditions and validity.

Can a larger order give us a better price?

Larger orders may improve production and packaging economics. Tell us the quantities you want to assess and we will review the available terms. Any revised price and the volume required to obtain it will be confirmed in the quotation.

Can we combine several pharmacies in one order?

Include the combined quantity you plan to order for each product. We can assess that order while considering the selected configurations and delivery arrangement. Adding different products together does not automatically meet an individual product’s minimum order.

Can we use an annual forecast to obtain a larger-volume price?

An annual forecast helps with planning. Pricing for a firm order, agreed annual commitment or scheduled deliveries depends on the arrangement agreed. A forecast alone does not guarantee the price of one larger production run.

Can we enquire below the stated minimum?

Yes. Tell us the quantity you are considering. The published minimum remains the standard basis for the offer; any smaller trial, sample or alternative supply arrangement needs separate confirmation.

Let’s discuss your assortment.



Illustrative brand image.

Tell us which products interest you, where you operate and which sales channels you plan to use. An order forecast will help define the next steps.

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Information catalogue for trade partners. Availability, specifications and delivery terms require individual confirmation. Food supplements do not replace a varied diet and a healthy lifestyle.